<How to use the sauna and restrictions>

•Up to 3 people may enter the sauna room at the same time.

• Please receive a numbered ticket from the front desk for your desired time.

* Before using the sauna, please give your numbered ticket on the day to a pool staff member.

*Telephone reservations not accepted.

*In order prevent the spread of coronavirus, please use the sauna no more than once a day.

* Only sauna users may receive a numbered ticket. (Receiving a ticket on behalf of others is not possible.)

•Usage time is ① 00 to 25 minutes, ② 30 to 55 minutes every hour.

(maximum of 25 minutes per session)

•After a session, the room will be completely vacated and ventilated for five minutes.

• If the number of users has not reached the maximum number within a period mentioned above, you may enter the sauna room midway. However, you still must vacate at the designated time (every 25 or 55 minutes).

*If you have a numbered ticket for a certain time, you cannot enter the sauna room during another designated time.

*If you wish to enter the room midway, please be sure to contact the staff.

•When you leave the sauna room, kindly wipe any sweat off the seats and walls before leaving the room.

•To prevent droplet infection, please refrain from talking in the sauna.

THE ENTENTE Fitness Club